



Evansville District Walk to Emmaus, P.O. Box 805, Evansville, IN 47705

## Happy New Year!

In this month's edition, we have...

- \*An inspirational message from Pastor Mike Turner.
- \*A treasury report from Rebecca Fenn.
- \*A brief bio about Justin Campbell.
- \*Upcoming 2021 Events (No Gathering in February.)
- \*Lifestyle tips on how to communicate with your Doctor from Nurse Joni.
- \*Contact information for EDWE and Board Members.

### A note from Pastor Mike Turner, Head Spiritual Director...

#### "How Coronavirus Stole Christmas"

Most, if not all of us, are familiar with Dr. Seuss' story *How the Grinch Stole Christmas*. The story is about a green creature called The Grinch that hates Christmas. He hates Christmas so much that he tries to end Christmas in Whoville by stealing everything in Whoville associated with Christmas. The Grinch steals all the presents, all the decorations, all the food, and anything else associated with Christmas. However, there is one thing the Grinch discovered that he could not steal, and that was the joy of Christmas that resided in the hearts of the residents of Whoville.

When I think about Christmas 2020, I can't help but associate it with the Grinch trying to steal Christmas from Whoville. Because of the COVID-19 virus, our Christmas celebration this year was altered significantly. The Christmas programs and concerts we enjoy during Christmas were cancelled. Church worship and Christmas activities were either altered or cancelled. Christmas parties were cancelled. Many family gatherings were either changed or cancelled. So, we could easily say "how the coronavirus stole Christmas 2020."

Although the coronavirus significantly altered Christmas 2020, like the Grinch being unable to steal the joy of Christmas from the residents of Whoville, the coronavirus cannot steal the joy of Christmas from us. As Isaiah 9:6-7a states,

For a child has been born for us, a son given to us;  
Authority rests upon his shoulders; and he is named  
Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace.  
His authority shall grow continually, and there shall be endless peace.

The joy of Christmas is not in gifts, decorations, gatherings, food, or programs, but it is about the "child who has been born for us, the son given us." This child, Jesus Christ, brings us peace. The coronavirus, try as it may, cannot steal the true joy of Christmas.

May God bless you, keep you safe and healthy, and give you peace in 2021.

Blessings,

Pastor Mike Turner

### **Rebecca Fenn, Treasurer, Tithing & Donation Report**

"The EDWE Board has continued to give our quarterly tithes throughout 2020. For the 1st and 2nd Quarter, we donated \$100.50 to The Way in Rockport, for the 3rd Quarter, we donated \$57.72 to the Mishpael Foundation through Bluegrass Church and for the 4th Quarter, we donated \$90 to the Historic Santa Claus Campground to help support their loss of income this year.

**Please remember to send your monthly offerings to:**

**EDWE c/o Rebecca Fenn**

**74 Guttenberg Lane, Tell City, IN 47586**

We still have expenses even though we are unable to gather physically at this time.

"May God keep you safe and healthy as we work together to overcome the Coronavirus so we can meet again."

### **Justin Campbell - Board Officer Biography**

*-With upcoming Board Elections, EDWE wants you to become familiar with our Board & Members.-*

Justin was raised in the Purchase Area of Kentucky. In the summer of 2001, he attended the Purchase Area Chrysalis Flight #16. His parents had attended Emmaus and sponsored a number of Youth from their church for Chrysalis. The process changed his faith in Christ.

I had been a Christian up to that point, but being part of the Chrysalis community helped me start to see my role in God's kingdom and put action in to work with my faith. After college I

moved all over the country. I lived in Arkansas, Mississippi, Kentucky, Pennsylvania, and back to Evansville, Indiana.

I was able to find an Emmaus community and stay connected to the awesome things that come from that connection. I'm looking forward to seeing this community grow and thrive. I am praying we can take the good news out from our community and spread it through all of southwest Indiana!

Justin and his wife, Stephanie, are the proud parents of 5 children.

## **Upcoming Events:**

***There will be NO gathering in February 2021.***

### **March 13, 2021 - Monthly Gathering**

Social Time @ 5:30 / Gathering with Communion @ 6:00 pm CST

Witness Speaker - Robert Price

Location - Dale United Methodist Church, 1 W Elm St, Dale, IN 47523

### **2021 Evansville District Walk to Emmaus**

Men's Walk #94 – October 14-17, 2021 - Shannon Gehlhausen – Weekend Lay Director (812) 453-5496

Women's Walk #95 – October 21-24 - Kimberly Elzer – Weekend Lay Director (812) 431-1005

*Applications are available on [edwe.com](http://edwe.com)*

### **A note from Nurse Joni Bitzer...**

Have you ever left your doctor's office, and wondered what he or she was talking about, or wished you had asked more questions? Good communication between doctors and their patients is essential to your health, and yet too many patients feel uncomfortable "bothering" the doctor with their questions or fears. But think about this; would the average consumer be too uncomfortable to a plumber or contractor to explain what the problem is and how they propose to fix it? Getting the whole picture from your doctor is really no different. You go to the doctor for information and choices, and it's important that you receive and **understand** all the facts so you can make an informed decision regarding your health.

You are the customer, and you are paying for a service. However, more important than the customer-provider relationship, is the fact that a strong, trusting relationship is the basis of good medical treatment and good health.

Below are some helpful tips that can be of use to all of us.

1. If you don't understand—**ASK**. Medical jargon is confusing, so ask for an explanation in plain language. Doctors and nurses often lapse into “medical speak” without even realizing it. Don't hesitate to stop them and remind them to use more understandable terms.
2. The anxiety and confusion of a doctor's office can make us forget some of the things we wanted to discuss with our physician, so **bring a list**. It is a simple way to help you and your doctor focus.
1. **Give** the doctor **all** the information he needs to help you—this includes symptoms, medications, allergies, and major stressors in your life. The loss of a job or illness of a loved one can have a major impact on your health. Don't forget any over the counter medications or herbals, as some of them can interact with prescription drugs. As little as a baby aspirin a day can cause uncontrolled bleeding after a surgery, so remember that all the pills you take must be disclosed.
2. Tell the doctor if you are feeling rushed, and think about making your next appointment for a time that isn't as busy. My favorites are the first appointment of the day, or the first one after lunch.
3. When your doctor is explaining something, try repeating it back to him to make sure you understand, or take notes while you are there.

You may have to be assertive and really take charge of your own health care to get the results you want, but the effort is worth it. You may even have to search for a different doctor—one who gives you the time and information you need to truly understand your own health status. A good way to find a doctor that is a good fit for you is to ask friends and relatives about health care providers with whom they are happy.

Don't be afraid to tell your doctor and nurses what you would like so you can all work together toward one goal: **Better Health!**

For more information, check out:

[www.nlm.nih.gov/medlineplus/talkingwithyourdoctor.html](http://www.nlm.nih.gov/medlineplus/talkingwithyourdoctor.html)

[http://psychcentral.com/library/talking\\_todoc.htm](http://psychcentral.com/library/talking_todoc.htm)

**We want to hear from you!**

FaceBook - Evansville District Walk to Emmaus

EEmail -[edweprayer@gmail.com](mailto:edweprayer@gmail.com)

Tithing - EDWE c/o Rebecca Fenn, 74 Guttenberg Lane, Tell City, IN 47586

Correspondence - P.O. Box 805, Evansville, Indiana, 47705-0805

Website – [edwe.com](http://edwe.com)

## Evansville District Walk to Emmaus Board Members

**Community Lay Director** - Butch Hooper - 812.393.9237 - [hooperchas@sbcglobal.net](mailto:hooperchas@sbcglobal.net)

**Head Spiritual Director** - Mike Turner - 812.499.3839 - [mwtlrt1980@psci.net](mailto:mwtlrt1980@psci.net)

**Assistant Community Lay Director** - Debbie Steinkamp Pipken - 812.480.1442 - [steinie@sit-co.net](mailto:steinie@sit-co.net)

**Secretary** - Sherri Harding - 812.719.9671 - [tsharding@psci.net](mailto:tsharding@psci.net)

**Treasurer** - Rebecca Fenn - 812.719.1172 - [rebeccafenn1983@gmail.com](mailto:rebeccafenn1983@gmail.com)

**Agape/Reunion Groups** - Jill Oeding - 812.430.9386 - [jillmoeding@gmail.com](mailto:jillmoeding@gmail.com)

**Communications Coordinator** - Lindsay Barron - 812-604-8170 - [lindsay@barronenterprises.com](mailto:lindsay@barronenterprises.com)

**Sponsorship** - Beth Boling - 812.550.4453 - [bethsboling@gmail.com](mailto:bethsboling@gmail.com)

**Gathering Coordinator** - Ron Fuhrman - 812.589.9325 - [rfuhrman@psci.net](mailto:rfuhrman@psci.net)

***Tech & Facilities - Board Position Open - Assistance Needed***

***Clothing - Board Position – Open - Assistance Needed***

**Music/Worship** - Justin Campbell - 812.781.2100 - [Jcampbell1521@gmail.com](mailto:Jcampbell1521@gmail.com)

**Registrar** - Shannon Gehlhausen - 812.453-5496 - [Sgehlhausen@psci.net](mailto:Sgehlhausen@psci.net)

**Spiritual Director** - Steve Buse - 812.489.0101 - [pastorbuse@gmail.com](mailto:pastorbuse@gmail.com)

**Spiritual Director** - Chris Poehlein - 812.686.0116 - [chris65.cp@gmail.com](mailto:chris65.cp@gmail.com)